

HAPI FOR ADDICTION AND RECOVERY

Restoring Agency Where Compulsion, Shame, and Dependency Have Taken Control

Human Agency Preservation Infrastructure (HAPI) Foundation Paper

Version 0.2 corrected - unique abstract and core thesis

Abstract

This paper applies Human Agency Preservation Infrastructure to addiction and recovery. It frames addiction not as a failure of worth or intelligence, but as a collapse of practical agency under compulsion, shame, isolation, dependency, and repeated loss of follow-through. The paper argues that recovery systems should be judged by whether they restore meaningful capacity, choice, responsibility, support, and durable participation rather than by whether they merely enforce abstinence, compliance, or program attendance.

Core Thesis

Addiction recovery is agency restoration: the goal is not to control the person from the outside, but to rebuild the internal and social conditions that make truthful choice, refusal, responsibility, and participation possible again.

How This Paper Fits HAPI

This document is one source artifact in the HAPI foundation library. It translates the general agency-preservation framework into a specific domain or operating layer so the future company, foundation, website, audit practice, and certification model can be built from organized source material rather than scattered notes.

1. Problem

- Addiction often narrows the field of possible action until the person can see choices but cannot reliably inhabit them.
- Systems built only around punishment, shame, surveillance, or forced compliance may interrupt behavior without restoring agency.
- HAPI treats recovery as a restoration pathway: capacity must be rebuilt at the level of body, memory, environment, relationship, meaning, and practical support.

2. Agency Loss Pattern

- Compulsion reduces refusal.

- Shame reduces truthful participation.
- Isolation reduces corrective feedback.
- Dependency reduces self-trust.
- Repeated relapse can collapse hope and future orientation.

3. False Recovery Gates

- A false gate treats compliance as healing.
- A false gate makes the person dependent on the program identity instead of rebuilding agency.
- A false gate humiliates failure instead of extracting learning from it.
- A false gate preserves attendance while leaving daily life unchanged.

4. True Recovery Gates

- A true gate preserves dignity while constraining destructive action.
- It increases the person's ability to pause, refuse, ask for help, repair, and re-enter participation.
- It turns relapse data into recovery intelligence rather than identity condemnation.
- It builds a support structure that can become lighter as agency strengthens.

5. HAPI Audit Questions

- Does the recovery process increase real refusal capacity?
- Does it reduce shame and increase truthful disclosure?
- Does it help the person rebuild work, family, health, and social participation?
- Does it create dependency on the institution, or does it restore independent agency?
- Does the system measure restored agency, not just rule compliance?

6. Restoration Model

- Stabilize the body and environment.
- Create safe disclosure without humiliation.
- Map triggers, pressures, and agency-collapse loops.
- Build refusal scripts and daily structure.
- Restore trusted relationships and practical responsibility.
- Track agency gains over time.

7. Conclusion

- HAPI adds a structural lens to recovery: addiction is not only behavior to be stopped, it is agency to be restored.
- The success of a recovery system should be measured by whether the person becomes more capable, truthful, connected, and responsible over time.

Closing Statement

HAPI exists to preserve and restore human agency where systems, institutions, automation, dependency, or false gates reduce meaningful participation. This paper should be treated as a working source document for refinement, public explanation, product design, audit development, and company formation.